The Pediatric Refresher Course provides an opportunity for health care providers to learn about relevant and recent developments in the care of children and youth. Participants interact with pediatric experts on a wide variety of practical pediatric issues in a comfortable and supportive learning environment. Through large group lectures, small group case-based seminars and quick “practice changers”, participants discuss and apply new knowledge and skills and determine specific changes for their practice setting.

Target Audience
This course is designed for Pediatricians, Family Physicians, Nurses, Nurse Practitioners, Pediatric & Family Medicine Residents, and other health care providers interested in Child Health.

Learning Objectives
At the end of this conference, participants will be able to:
- identify and manage common and important medical conditions in children and youth using up to date and evidence-based strategies.

Session learning objectives are available at: www.pediatrics.uottawa.ca

Education Credits
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa’s Office of Continuing Professional Development. You may claim a maximum of 13.75 hours (credits are automatically calculated). This Group Learning program also meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa’s Office of Continuing Professional Development for up to 13.75 Mainpro+ credits.

Section 3 credits for the Royal College of Physicians and Surgeons have been assigned to the simulation workshop “It Could Happen To You: Emergencies in Your Office 3.0” only. Please refer to the document How to Calculate Your Credits for details.
FRIDAY, OCTOBER 27, 2017

7:30-8:00  Registration and Breakfast

8:00-8:05  Welcome
           Dr. Ciarán Duffy, Chief/Chair of Pediatrics

8:05-8:15  Introduction
           Dr. Asha Nair, CME Director

8:15-9:45  Choosing Wisely Panel
           Dr. Tom Kovesi, Dr. Ahmed Nasr, and Dr. Sunita Nayar-Kingwell

9:45-10:05  Break

10:05-10:50  Immunization Update
              Dr. Anne Pham-Huy

10:50-11:20  TREKK: TRanslating Emergency Knowledge for Kids
              Dr. Sarah Reid

11:20-11:50  Pharmacy Resources for the Community Pediatric Provider
              Ms. Danica Irwin

11:50-12:35  Lunch

              Dr. Samuel Chang

13:25-14:25  Seminar 1

| F1 | Clinical Aspects of Substance Abuse in Adolescents in the Age of Legalized Marijuana • Dr. Samuel Chang |
| F2 | It Could Happen to You: Emergencies in Your Office 3.0
    Dr. Rick Gerein and Dr. Allan Shefrin
    (Royal College of Physicians and Surgeons Section 3 credit eligible) |
| F3 | Interpretations of Growth Charts: When to Worry?
    Dr. Ellen Goldbloom |
| F4 | The Changing Landscape of School-Based Mental Health Services
    Ms. Karen Kealey and Ms. Erin Trudel-Best |
| F5 | Paediatric Sports Medicine Update: Injuries and Issues in the Occasional to the Competitive Young Athlete • Dr. Sasha Carsen |

14:30-15:30  Seminar 1 (repeated)

15:30-15:45  Break

15:45-16:15  Congenital CMV – It’s More Common Than You Think!
              Dr. Jason Brophy and Dr. Jessica Dunn

16:15-17:00  Antimicrobial Stewardship through Cases
              Dr. Nicole Le Saux

17:00  Closing Remarks & Evaluations
       Dr. Asha Nair
## SATURDAY, OCTOBER 28, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30-8:00</td>
<td>Registration &amp; Breakfast</td>
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<tr>
<td>8:00-8:10</td>
<td>Welcome Back</td>
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<td></td>
<td>Dr. Sumeet Sadana</td>
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<tr>
<td>8:10-8:55</td>
<td>Top Pediatric Articles of the Year</td>
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<td>Dr. Marc Zucker</td>
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<td>8:55-9:25</td>
<td>Rheumatology “Screening Labs” in Primary Practice: What is Useful, What is Not?</td>
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<td>Dr. Roman Jurencak</td>
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<td>9:25-9:40</td>
<td>Break</td>
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<td>9:40-10:40</td>
<td><strong>Seminar 2</strong></td>
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<tr>
<td>S1</td>
<td>Rheumatologic MSK Exam (Focus on Arthritis, Enthesitis and Tendinitis)</td>
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<td>Dr. Roman Jurencak</td>
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<td>S2</td>
<td>Fetal Alcohol Spectrum Disorder (FASD)</td>
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<td>Dr. Melissa Carter</td>
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<td>S3</td>
<td>ABC’s &amp; 123’s: Common Speech Referrals</td>
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<td>Ms. Roxane Bélanger and Ms. Marie-Anne Gougeon</td>
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<td>S4</td>
<td>Stuck in the middle with you: An Approach to the Treatment of Mild-to-Moderate Eating Disorders</td>
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<td>Dr. Amy Robinson</td>
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<td>S5</td>
<td>Visual Diagnosis: Epileptic &amp; Non-Epileptic Events</td>
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<td>Dr. Erick Sell</td>
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<td>10:45-11:45</td>
<td><strong>Seminar 2 (repeated)</strong></td>
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<tr>
<td>11:45-12:30</td>
<td>Lunch</td>
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<td>12:30-13:30</td>
<td><strong>Seminar 3</strong></td>
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<td>S6</td>
<td>When Little Sheep Don’t Sleep: Sleep Difficulties in Children</td>
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<td>Dr. Hilary Myron</td>
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<td>S7</td>
<td>Chronic Abdominal Pain</td>
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<td>Dr. Janice Barkey</td>
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<td>S8</td>
<td>What’s in Your Urine? Diagnosis and Management of Common Reasons for Pediatric Hematuria and Proteinuria</td>
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<td>Dr. Gabrielle Weiler</td>
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<td>S9</td>
<td>Social Pediatrics for the Busy Clinician</td>
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<td>Dr. Sarah Waterston</td>
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<td>S10</td>
<td>Dermatology: Visual Diagnosis</td>
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<td>Dr. Nordau Kanigsberg</td>
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<td>13:35-14:35</td>
<td><strong>Seminar 3 (repeated)</strong></td>
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<td>14:35-14:50</td>
<td>Break</td>
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<td>14:50-15:20</td>
<td>Pediatric Palliative Care Update</td>
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<td>Dr. Chris Vadeboncoeur</td>
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<td>15:20-16:05</td>
<td>Clinical Practice Guideline Update</td>
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<td>Dr. Nick Dust</td>
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<td>16:05</td>
<td>Closing Remarks &amp; Evaluations</td>
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<td>Dr. Asha Nair and Dr. Sumeet Sadana</td>
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Guest Speakers

**Roxane Bélanger** M.O.A., SLP-C, Reg. CASLPO
Speech Pathology, Ottawa/Gatineau

**Samuel Chang** MD, FRCPC
Psychiatrist, University of Calgary

**Nicholas Dust** MD, FRCPC
Pediatrics, Hôpital Montfort

**Marie-Anne Gougeon** B.Sc. HK
Speech Pathology, Ottawa/Gatineau

Karen Keiley B.Ed.
Educator, Ottawa Catholic School Board

Hilary Myron MD, FRCPC
Pediatrics, Hôpital Montfort

Sunita Nayar-Kingwell MD, FRCPC
Community and Consulting Pediatrics, Ottawa

Sumeet Sadana MD, MBBS, FRCPC
Pediatrics, Queensway Carleton Hospital

Erin Trudel-Best MA, C. Psyc. Associate
Psychologist Associate, Ottawa Catholic School Board

Sarah Waterston MD, FRCPC
Pediatrics, Belleville General Hospital, Quinte Health Care

Faculty: Children’s Hospital of Eastern Ontario

**Janice Barkey** BScH, MD, M.Sc., FRCPC
Gastroenterology

**Jason Brophy** MD, M.Sc., DTMH, FRCPC
Infectious Diseases

**Sasha Carsen** MD, CM, MBA, FRCSC
Orthopedic Surgery

**Melissa Carter** MD, FRCPC
Genetics

**Jessica Dunn** MD, MPH, FRCPC
Infectious Diseases

**Rick Gerein** MD, FRCPC
Emergency Medicine

**Ellen Goldbloom** MD, FRCPC
Endocrinology

**Danica Irwin** B.Sc. Phm
Pharmacy

**Roman Jurencak** MD
Rheumatology

**Nordau Kanigsberg** MD, FRCPC
Dermatology

**Tom Kovesi** MD, FRCPC
Respirology

**Nicole Le Saux** MD, FRCPC
Infectious Diseases

**Ahmed Nasr** MD, Ms(Clin Epid), FRCSC
General Surgery

**Anne Pham-Huy** MD, FRCPC
Infectious Diseases

**Sarah Reid** MD, FRCPC
Emergency Medicine

**Amy Robinson** MD, FRCPC
Adolescent Medicine

**Erick Sell** MD
Neurology

**Allan Shefrin** MD, FRCPC
Emergency Medicine

**Chris Vadeboncoeur** B.Sc., MD, FRCPC
Palliative Care

**Gabrielle Weiler** M.Sc., MD, FRCPC
Nephrology

**Marc Zucker** MD, FRCPC
Pediatric Medicine

Conference Planning Committee

**Mary Collens** RN

Mona Jabbour MD, MEd, FRCPC

Laura Lewin MD, CCFP

James McConville MD, FRCPC

Asha Nair MD, FRCPC

Sarah Reid MD, FRCPC

Sumeet Sadana MD, MBBS, FRCPC

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