

Obstetrics & Gynecology: Core EPA #11

Providing care for patients with pelvic floor dysfunction

Key Features:

- This EPA focuses on providing conservative medical care and surgical counselling to patients presenting with pelvic floor dysfunction from initial presentation through and including appropriate follow-up.
- At this stage, the trainee is entrusted with complex clinical presentations with uncertainty in diagnosis and/or management. The trainee is also entrusted to recognize when patients require subspecialty or multidisciplinary care.

Assessment Plan:

Direct observation by OBGYN faculty and uro-gynecology trainee

Use Form 1. Form collects information on:

- Setting: inpatient; outpatient; operating room
- Patient presentation: pelvic organ prolapse (POP); urinary incontinence (UI)- stress; urinary incontinence (UI)- urge; lower urinary tract symptoms (LUTS); anal incontinence and defecatory dysfunction; fistulas
- Management: pessary fitting; cystoscopy; urodynamic interpretation; primary surgical correction of stress incontinence; other
- If "other" indicate management: [free text]

Collect 5 observations of achievement

- A variety of at least 3 patient presentations
- At least 1 POP
- At least 1 urinary incontinence presentation with primary surgical correction of stress incontinence
- At least 1 cystoscopy
- At least 1 pessary fitting
- At least 1 urodynamic interpretation

Relevant Milestones:

- 1 ME 1.4** Apply a broad base and depth of knowledge in clinical and biomedical sciences to manage the breadth of patient presentations in urogynecology
- 2 ME 1.5** Perform clinical assessments that address all relevant issues
- 3 ME 2.3** Address the impact of the medical condition on the patient's ability to pursue life goals and purposes
- 4 ME 2.4** Develop and implement patient-centred management plans that consider all of the patient's health problems and context
- 5 ME 3.2** Ensure that patients are informed about the risks and benefits of each treatment option in the context of best evidence and guidelines

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2019)*

- 6 **ME 3.4 Perform cystoscopy in a skilful, fluid, and safe manner with minimal assistance**
- 7 **ME 3.4 Perform pessary fitting in a skilful, fluid, and safe manner with minimal assistance**
- 8 **COM 5.1** Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions
- 9 **HA 1.2 Select patient education resources related to Gynecology**
- 10 **HA 1.2** Apply the principles of behaviour change during conversations with patients about adopting healthy behaviours