Assessing, diagnosing and managing patients with chronic pelvic pain and sexual health concerns

Key Features:
- This EPA includes counselling and consideration of multi-disciplinary options of management (physiotherapy, etc.) as well as medical and surgical options

Assessment Plan:

Observation by OBGYN faculty, subspecialty trainee, chronic pain specialist, or other health professional

Use Form 1. Form collects information on:
- Patient presentation: chronic pelvic pain; sexual health concern
- Diagnosis: vulvodynia; levator hypertonicity; myofascial pain; female sexual dysfunction; other
- If 'other' please indicate diagnosis: [free text]

Collect 2 observations of achievement
- At least 1 chronic pelvic pain
- At least 1 case of sexual dysfunction

Relevant Milestones:

1 ME 1.4 Apply a broad base and depth of knowledge in clinical and biomedical sciences to manage the breadth of patients presenting with chronic pain or sexual concerns
2 ME 1.5 Perform clinical assessments that address all relevant issues
3 ME 2.3 Address the impact of the medical condition on the patient’s ability to pursue life goals and purposes
4 ME 2.4 Develop and implement patient-centred management plans that consider all of the patient’s health problems and context
5 COM 1.5 Recognize when strong emotions (such as anger, fear, anxiety, or sadness) are impacting an interaction and respond appropriately
6 COM 2.1 Actively listen and respond to patient cues
7 COM 3.1 Convey information about diagnosis and prognosis clearly and compassionately
8 COL 1.2 Consult as needed with other health care professionals, including other physicians
9 HA 1.1 Facilitate timely patient access to services and resources