

**Obstetrics & Gynecology: Foundations EPA #4**

**Managing labour and childbirth**

Key Features:

- This EPA includes the assessment and management of maternal and fetal well-being in a singleton cephalic term pregnancy.
- This EPA includes assessing progress in labour and augmentation as required, managing spontaneous vaginal birth of a singleton gestation (including episiotomy, delivery of infant, management of perineum, management of 3<sup>rd</sup> stage), and recognizing intrapartum and immediate postpartum complications.
- This EPA includes induction of labour, including cervical ripening

Assessment Plan:

Direct observation by OBGYN faculty, family physician, subspecialty trainee, or TTP trainee

Use Form 1. Form collects information on:

- Patient: multiparous; nulliparous
- Regional anesthesia: yes; no
- Augmented: yes; no
- Perineal trauma repairs: 1<sup>st</sup>degree; 2<sup>nd</sup>degree; not applicable
- Induction of labour including cervical ripening: yes; no

Collect 5 observations of achievement

- Must include a variety of patient factors including parity, regional anesthesia, augmentation, and 2<sup>nd</sup> degree perineal tears

Relevant Milestones:

- 1 **ME 1.4** Apply clinical and biomedical sciences to manage presentations in obstetric care
- 2 **ME 3.4** **Manage the first stage of normal childbirth in a timely, skilful, and safe manner, including fetal and maternal well-being, determination of progress of labour, fetal position, dilatation and station**
- 3 **ME 3.4** **Manage the second stage of normal childbirth in a timely, skilful, and safe manner**
- 4 **ME 3.4** **Manage the delivery of an infant**
- 5 **ME 3.4** **Assess and manage perineal trauma**
- 6 **ME 3.4** **Manage the delivery of the placenta**
- 7 **ME 3.4** **Perform cervical ripening and augmentation of labour, as required**
- 8 **ME 5.2** Apply the principles of situational awareness to clinical practice
- 9 **ME 1.5** **Recognize urgent or difficult problems that may need the involvement of more experienced colleagues and seek their assistance**
- 10 **COM 1.1** Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
- 11 **COM 3.1** **Share information and explanations that are clear, accurate, timely, and adapted to the patient's and her family's level of understanding and need**

*ENTRUSTABLE PROFESSIONAL ACTIVITIES  
FOR OBSTETRICS AND GYNECOLOGY (2019)*

- 12 **COM 5.1** Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions
- 13 **COL 1.1 Receive and appropriately respond to input from other health care professionals**
- 14 **COL 3.1** Identify patients requiring handover to other physicians or health care professionals
- 15 **P 4.1** Demonstrate an ability to regulate attention, emotions, thoughts, and behaviours while maintaining capacity to perform professional tasks