

Obstetrics & Gynecology: Foundations EPA #6

Providing early postpartum care

Key Features:

- This EPA includes the assessment and management of the first postpartum days while patients are still in hospital recovering from normal childbirth or cesarean.
- This includes patients with a normal course, as well as the investigation and management of common complications, recognition of the development of complex complications, and appropriate consultation with more senior trainees and/or faculty.
- Management of patients with a normal course includes maternal psychosocial, and physical well-being, including prevention of postpartum complications such as venous thromboembolism; assessment of vaginal bleeding and uterine involution; use of strategies to promote successful initiation of breastfeeding; discharge planning and discussion of normal postpartum symptoms; recognition of symptoms and mobilization of appropriate health care professionals and resources for postpartum depression; and contraceptive advice in hospital and for the first 6 weeks postpartum.
- Management of common complications includes pain, fever, and bleeding.
- The observation of this EPA is divided into two parts: normal course; and common complications.

Assessment Plan:

Part A: Normal course

Direct observation or case discussion/ review of patient chart by OBGYN faculty, subspecialty trainee, Core or TTP trainee, family physician or midwife

Use Form 1. Form collects information on:

- Setting: in-patient; out-patient
- Observation: direct; indirect

Collect 5 observations of achievement,

- At least 3 direct observations by faculty
- At least 3 different observers

Part B: Common Complications

Direct observation or case discussion/review of patient chart by OBGYN faculty, subspecialty trainee, Core and TTP trainee, family physician or midwife

Use Form 1: Form collects information on:

- Setting: in-hospital; other
- Complication: postpartum bleeding; postpartum pain; postpartum fever; other
- If 'other' indicate complication: [free text]

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2019)*

Collect 5 observations of achievement

- At least 3 different complications
- At least 3 direct observations by faculty
- At least 3 different observers

Relevant Milestones:

Part A: Normal course

- 1 **ME 1.4** Apply clinical and biomedical sciences to manage presentations in obstetric care
- 2 **ME 1.5** Recognize urgent or difficult problems that may need the involvement of more experienced colleagues and seek their assistance
- 3 **ME 1.5 Perform focused clinical assessments that assess all relevant issues**
- 4 **ME 1.6** Maintain a duty of care and patient safety while balancing multiple responsibilities
- 5 **ME 2.4** Develop and implement management plans that consider all of the patient's health problems and context in collaboration with patients and their families and, when appropriate, the interprofessional team
- 6 **COM 1.3** Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly
- 7 **COM 4.3 Counsel patients regarding potential postpartum complications including depression**
- 8 **COM 3.1 Discuss birth control methods to be adopted in the postpartum period**
- 9 **COM 3.1 Use strategies to verify and validate the patient's understanding**
- 10 **COM 4.3 Answer questions from patients and their families about next steps**
- 11 **COM 5.1 Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions**
- 12 **COL 1.1** Receive and appropriately respond to input from other health care professionals
- 13 **COL 3.2 Communicate with a patient's primary health care professional about the patient's care**

Part B: Common complications

- 1 **ME 1.5 Perform focused clinical assessments that assess all relevant issues**
- 2 **ME 1.5 Recognize urgent or difficult problems that may need the involvement of more experienced colleagues and seek their assistance**
- 3 **ME 2.2 Develop a specific differential diagnosis relevant to the patient's presentation**
- 4 **ME 2.2 Select appropriate investigations and interpret the results**
- 5 **ME 3.3** Consider urgency and potential for deterioration, in advocating for the timely execution of a procedure or therapy
- 6 **ME 2.4 Develop and implement management plans for common postpartum complications**
- 7 **ME 5.1** Recognize the occurrence of a patient safety incident
- 8 **COM 5.1 Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions**
- 9 **COL 1.1** Receive and appropriately respond to input from other health care professionals