

Obstetrics & Gynecology: Foundations EPA #8

Counselling and management for patients requiring family planning

Key Features:

- This EPA includes assessment and comprehensive management, including counselling, for patients regarding contraceptive options and/or medical and surgical termination of pregnancy.
- This includes being aware of professional obligations to patient care, and advocating on behalf of patients to remove barriers to contraception.
- This EPA includes obtaining informed consent for placement of intrauterine contraceptives, tubal ligation/salpingectomy, and pregnancy termination.
- This EPA does not include contraceptive management of patients with significant co-morbidities.
- The technical skills in this EPA include intrauterine device (IUD) insertion and removal.
- This EPA may be observed in the inpatient, outpatient, and emergency room settings.
- The observation of this EPA is divided into two parts: assessment and management; and IUD insertion.

Assessment Plan:

Part A: Assessment and management

Direct observation by OBGYN faculty, other specialized health professional or TTP trainee

Use Form 1. Form collects information on:

- Patient issue (select all that apply): reversible contraception; permanent contraception; emergency contraception; medical pregnancy termination; surgical pregnancy termination
- Co-morbidity: yes; no

Collect 5 observations of achievement

- At least 3 different patient issues
- At least 3 observers must be attending physician
- At least 2 different observers

Part B: IUD insertion

Direct observation by OBGYN faculty, other specialized health professional or TTP trainee

Use Form 1.

Collect 2 observations of achievement

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2019)*

Relevant Milestones:

Part A: Assessment and management

- 1 **ME 1.4** Apply clinical and biomedical sciences to manage presentations in gynecologic care
- 2 **ME 2.2 Perform a patient assessment including history and physical exam**
- 3 **ME 2.2 Synthesize clinical information for the purpose of counselling about contraceptive options and pregnancy termination**
- 4 **COM 4.1 Explore the perspectives of the patient and others when developing care plans**
- 5 **ME 2.3 Work with the patient to understand relevant options for care**
- 6 **ME 3.1 Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy**
- 7 **ME 3.1** Determine the most appropriate procedures or therapies for the purpose of assessment and/or management
- 8 **ME 3.2** Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options
- 9 **COM 1.3 Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly**
- 10 **COM 4.1** Communicate with cultural awareness and sensitivity
- 11 **COM 5.1** Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions
- 12 **L 2.1** Consider costs when choosing care options
- 13 **HA 1.2** Work with patients to increase opportunities to adopt healthy behaviours
- 14 **P 1.3** Manage ethical issues encountered in the clinical and academic setting

Part B: IUD insertion

- 1 **ME 3.4 Perform IUD insertion/removal in a skilful, fluid, and safe manner**