OBJECTIVES FOR JUNIOR RESIDENT AMBULATORY GYNECOLOGY ROTATION

Specific Objectives

Please refer to the following RCPSC web site:
http://www.royalcollege.ca/portal/pls/portal/!PWEB_PORTAL.wwpob_page.show?_docname=510595.PDF

The specific objectives for the Ambulatory Gynecology rotations are listed below. The areas of interest have been identified as follows:

- Office Experience
- Community Experience
- Menopause
- Vulvar
- Antenatal
- Urogynecology.

Office Experience

The resident will be exposed to:
- office booking practice
- how to hire office staff
- number and type of staff needed to work in an office
- billing practice (e.g. software)
- financial implications of running an office

The resident should participate and be actively involved in:
- the management of a wide variety of office Gynecology and Obstetrics (see antenatal objectives)
- to perform office procedures such as endometrial biopsy and insertion of intrauterine contraceptive device
- the management of contraception in teenagers and women over 35 years of age

Community Experience

The resident will be able to understand and appreciate:
- the difficulties encountered by the community Obstetrician Gynecologist (e.g. lack of back-up, diminished testing resources)
- the role of the Community Health Services (i.e. VON, Public Health Nurse)
- weekly experience of Sexuality Health Clinic
The resident will be able to:
• manage a busy consulting practice
• perform office Gynecology procedures including endometrial biopsy, vulvar biopsy and insertion of intrauterine contraceptive device
• discuss and manage contraceptive options in women of reproductive age
• discuss and manage pregnancy termination, STD treatment and antenatal care

Menopause

The resident will be able to understand and discuss:
• the role of hormonal replacement therapy in menopause, the risks versus the benefits
• the use of different hormonal replacement regimes
• the use of progestins and types of progestins that can be used
• the use of estrogens and types of estrogens available
• osteoporosis: the types, the work-up, the role of densitometry and prevention
• the emotional and social issues which pertain to menopause, smoking prevention programs and exercise facilities for the older woman
• the role of hormonal contraception including types of oral contraceptives available, hormonal combinations, indications and contraindications to BCP, and non hormonal methods of treatment in special circumstances as breast cancer, etc.

Antenatal

The resident will:
• provide comprehensive assessment of the ante-partum patient from complete historical review and physical examination to identify medical, surgical and behavioural influences on pregnancy outcome (e.g.: smoking, drug abuse, etc.)
• based on the above information, assign a risk category for the antenatal patient to facilitate planning of appropriate management strategies including consultation, referral, fetal surveillance and timely delivery as necessary
• provide accurate patient education in the areas of prenatal diagnosis, screening, teratology abortion counselling, nutrition, labour management and breastfeeding
• provide ongoing care of the low risk gravida throughout pregnancy in order to recognize and manage common complications of this period such as anemia, gestational diabetes, IUGR, PIH, malpresentation, post-term pregnancy, etc.

• provide appropriate puerperal care of the patient including contraceptive counselling, lactation management, recognition of normal and abnormal postpartum psychological reactions including perinatal bereavement
Urogynecology

The resident will be able to discuss and have knowledge of:
• anatomy and physiology of the genitourinary tract
• the use of proper pharmacologic agents in the treatment of genitourinary problems
• explain the pathophysiology of specific genitourinary disorders including genuine stress urinary incontinence, detrusor instability, sensory urgency and incomplete emptying
• the use of appropriate tests and investigations of disorders including urethroppressure profilimetry, uroflowmetry and dynamic cystourethroscopy, cystometrogram and the multi-channel urodynamic tests
• the various surgical options available for stress incontinence including Burch retropubic, colpourethropexy as well as vaginal sling procedures
• the goal of this rotation is not to have exposure to the actual surgical procedures but is meant to understand the outpatient workup of patients with urogynecological dysfunctions

Last Revision: January 2019