Objectives of Ambulatory Rotation for Junior Residents

The resident should participate and be actively involved in:

- the management of a wide variety of office Gynecology and Obstetrics, including interpretation of results and recommendations for management
- to perform office procedures such as endometrial biopsy, vulvar biopsy and insertion of intrauterine contraceptive device
- the management of contraception in teenagers and women over 35 years of age
- the resident will provide accurate pt education in the area of prenatal diagnosis, screening, smoking and drug use, nutrition, labor management
- provide care for low risk pts and manage common complications such as anemia, gestational diabetes, IUGR, Gestation HTN and preeclampsia, malpresentation and post term pregnancy.

The Rotation Objectives Align with the CBD EPAs as summarized below (depending on preceptor clinic and patient population):

can see link for OBGYNE EPAS for details and CBD Curriculum Map

Obstetrics & Gynecology: Transition to Discipline EPA #1 Performing initial assessments for uncomplicated obstetric patients

Key Features:

- This EPA includes assessment, documentation in medical record, and case presentation to supervisor, including a basic differential diagnosis and initial investigation of uncomplicated obstetric patients.

Obstetrics & Gynecology: Transition to Discipline EPA #2 Performing an initial assessment of uncomplicated gynecologic patients

- This EPA includes assessment, documentation in medical record, and case presentation to supervisor, including a differential diagnosis and initial investigation of uncomplicated gynecologic patients.

Develop an initial management plan for common gynecologic presentations

- Common gynecologic presentations: abnormal uterine bleeding; vulvovaginitis; pelvic pain; ovarian cysts, fibroids

**** - This EPA does not include interpreting the findings of a bimanual or speculum exam.
Obstetrics & Gynecology: Foundations EPA #1 Providing routine prenatal care to a low-risk, healthy population

Key Features:

- This EPA includes assessing and counselling women experiencing a low-risk pregnancy and managing routine prenatal care, including Hx, Physical exam, investigations.
- Patient: pre-conception; initial prenatal visit, second trimester; third trimester; term; postdate.
- Common prenatal issues (e.g., postdate, vaginal birth after cesarean section [VBAC], or breech presentation).

Obstetrics & Gynecology: Foundations EPA #8 Counselling and management for patients requiring family planning

Key Features:

- This EPA includes assessment and comprehensive management, including counselling, for patients regarding contraceptive options and/or medical and surgical termination of pregnancy.

Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy.

- This includes being aware of professional obligations to patient care, and advocating on behalf of patients to remove barriers to contraception.
- This EPA includes obtaining informed consent for placement of intrauterine contraceptives, tubal ligation/salpingectomy, and pregnancy termination.
- This EPA does not include contraceptive management of patients with significant co-morbidities.

- The technical skills in this EPA include intrauterine device (IUD) insertion and removal.

- The observation of this EPA is divided into two parts: assessment and management; and IUD insertion.

Part A: Assessment and management
Direct observation by OBGYN faculty, other specialized health professional or TTP trainee
Use Form 1. Form collects information on:

- Patient issue (select all that apply): reversible contraception; permanent contraception; emergency contraception; medical pregnancy termination; surgical pregnancy termination

- Co-morbidity: yes; no
Collect 5 observations of achievement

  - At least 3 different patient issues
  
  - At least 3 observers must be attending physician

  - At least 2 different observers Part B: IUD insertion
Direct observation by OBGYN faculty, other specialized health professional or TTP trainee
Use Form 1.
Collect 2 observations of achievement

Part B: IUD insertion
  - Perform IUD insertion/removal in a skilful, fluid, and safe manner
Obstetrics & Gynecology: Foundations EPA #9 Providing consultation for patients with gynecologic conditions

- Presentations: menopausal disorders including postmenopausal bleeding; menstrual disorders; vulvovaginal complaints; adnexal masses; sexually transmitted infections including PID; fibroids, primary dysmenorrhea; gynecologic preventative care (Pap smears, HPV vaccination).

- Procedure: endometrial biopsy; cervical biopsy; vulvar biopsy; IUD insertion; Pap smear

- Perform a patient assessment including history and physical exam, Select appropriate investigations and interpret the results, Develop and implement initial management plans for common gynecologic conditions

  - Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy

  - Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options

  - Perform common procedures in a skilful, fluid, and safe manner, including endometrial or vulvar biopsy, IUD/IUS insertion or Pap smear

  - Answer questions from patients and their families about next steps

—Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions and consult letter, and communication with the referring health care provider