

Objectives of Ambulatory Rotation for Junior Residents

The resident should participate and be actively involved in:

- the management of a wide variety of office Gynecology and Obstetrics , including interpretation of results and recommendations for management
- to perform office procedures such as endometrial biopsy, vulvar biopsy and insertion of intrauterine contraceptive device
- the management of contraception in teenagers and women over 35 years of age
- the resident will provide accurate pt education in the area of prenatal diagnosis, screening , smoking and drug use, nutrition, labor management
- provide care for low risk pts and manage common complications such as anemia, gestational diabetes, IUGR, Gestation HTN and preeclampsia, malpresentation and post term pregnancy.

**The Rotation Objectives Align with the CBD EPAs as summarized below
(depending on preceptor clinic and patient population) :**

can see link for OBGYNE EPAS for details and CBD Curriculum Map

<https://med.uottawa.ca/obs-gyne/postgraduate-education/residency-training-program/competency-based-medical-education>

Obstetrics & Gynecology: Transition to Discipline EPA #1 Performing initial assessments for uncomplicated obstetric patients

Key Features:

- This EPA includes assessment, documentation in medical record , and case presentation to supervisor , including a basic differential diagnosis and initial investigation of uncomplicated obstetric

patients.

Obstetrics & Gynecology: Transition to Discipline EPA #2 Performing an initial assessment of uncomplicated gynecologic patients

- This EPA includes assessment, documentation in medical record, and case presentation to supervisor , including a differential diagnosis and initial investigation of uncomplicated gynecologic patients.

Develop an initial management plan for common gynecologic presentations

-Common gynecologic presentations: abnormal uterine bleeding; vulvovaginitis; pelvic pain; ovarian cysts, fibroids

****- This EPA does not include interpreting the findings of a bimanual or speculum exam.

Obstetrics & Gynecology: Foundations EPA #1 Providing routine prenatal care to a low-risk, healthy population

Key Features:

- This EPA includes assessing and counselling women experiencing a low-risk pregnancy and managing routine prenatal care. , including Hx, Physical exam , investigations
- Patient: pre-conception; initial prenatal visit , second trimester; third trimester; term; postdate
- common prenatal issues (e.g., postdate, vaginal birth after cesarean section [VBAC], or breech presentation) -

Obstetrics & Gynecology: Foundations EPA #8 Counselling and management for patients requiring family planning

Key Features:

- This EPA includes assessment and comprehensive management, including counselling, for patients regarding
contraceptive options and/or medical and surgical termination of pregnancy.

Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy

- This includes being aware of professional obligations to patient care, and advocating on behalf of patients to remove barriers to contraception.
- This EPA includes obtaining informed consent for placement of intrauterine contraceptives, tubal ligation/salpingectomy, and pregnancy termination.

- This EPA does not include contraceptive management of patients with significant co-morbidities.
- The technical skills in this EPA include intrauterine device (IUD) insertion and removal.
- The observation of this EPA is divided into two parts: assessment and management; and IUD insertion.

Part A: Assessment and management

Direct observation by OBGYN faculty, other specialized health professional or TTP trainee

Use Form 1. Form collects information on:

- Patient issue (select all that apply): reversible contraception; permanent contraception; emergency contraception; medical pregnancy termination; surgical pregnancy termination

- Co-morbidity: yes; no

Collect 5 observations of achievement

- At least 3 different patient issues
- At least 3 observers must be attending physician
- At least 2 different observers Part B: IUD insertion

Direct observation by OBGYN faculty, other specialized health professional or TTP trainee

Use Form 1.

Collect 2 observations of achievement

Part B: IUD insertion

- Perform IUD insertion/removal in a skilful, fluid, and safe manner

Obstetrics & Gynecology: Foundations EPA #9 Providing consultation for patients with gynecologic conditions

- Presentations: menopausal disorders including postmenopausal bleeding; menstrual disorders; vulvovaginal complaints; adnexal masses; sexually transmitted infections including PID ; fibroids, primary dysmenorrhea; gynecologic preventative care (Pap smears, HPV vaccination).
- Procedure: endometrial biopsy; cervical biopsy; vulvar biopsy; IUD insertion; Pap smear
- . Perform a patient assessment including history and physical exam , Select appropriate investigations and interpret the results , Develop and implement initial management plans for common gynecologic conditions
 - . Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy
 - . Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options
 - . Perform common procedures in a skilful, fluid, and safe manner, including endometrial or vulvar biopsy, IUD/IUS insertion or Pap smear
 - . Answer questions from patients and their families about next steps
 - Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions and consult letter, and communication with the referring health care provider

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