OBJECTIVES FOR SENIOR RESIDENT AMBULATORY GYNECOLOGY ROTATION

Please refer to the following RCPSC web site:
http://www.royalcollege.ca/portal/page/portal/rc/common/documents/accreditation/ambulatory_e.pdf

Terminal Objectives

The trainee will demonstrate a knowledge of Gynecological Medicine by participating in the office management of women with Gynecological disorders.

Knowledge

The trainee will have detailed knowledge of the etiology, diagnosis and management of women presenting in an ambulatory setting with:
- menopausal disorders
- premature ovarian failure

Gynecological and Medical problems of the mature women (peri- and post-menopause):
- osteoporosis
- urogenital disorders
- lipid disorders
- endocrine disorders
- reproductive endocrine disorders
- malignancies
- psychosexual disorders
- contraception
- sexually transmitted diseases
- Gynecological office procedures
- Gynecological problems of the mature women:
  - uterine leiomyomata
  - pelvic mass
  - endometriosis
  - adenomyosis
  - chronic pelvic pain
  - uterovaginal prolapse
  - vaginitis
  - vulva dystrophies
  - pharmacological issues:
    - hormonal replacement therapy:
      - estrogens
      - estrogens
      - progesterone
      - androgens
      - thyroid
➢ pituitary
➢ adrenal
➢ oral contraception
➢ anti-estrogens
➢ anti-androgens
➢ osteoporosis therapy
➢ hyperlipidaemia therapy
➢ diabetes mellitus therapy
➢ Office management

Skills

The trainee will be responsible for the management of women presenting to the Menopause and Gynecologic Medicine Clinics at the General campus. The trainee will be able to present a management plan in terms of clinical and laboratory diagnosis, treatment and follow-up in all areas of the knowledge base. Emphasis will be given to the promotion of health and the prevention of disease states, with the development of counselling skills, risk benefit analysis, and problem-solving skills.

The trainee will also be able to interpret and integrate the following into clinical management settings:

➢ mammogram
➢ ultrasound (vaginal/saline infusion Sono hysterography)
➢ endometrial biopsy
➢ office D&C
➢ office uterine (endometrial) ablation therapy
➢ office hysteroscopy
➢ IUCD insertion
➢ bone mineral density
➢ insertion of hormonal implants
➢ endocrine stimulation testing:
  ➢ GnRH
  ➢ TRH
  ➢ triple bolus
  ➢ ACTH
  ➢ dexamethasone suppression

Research

Clinical research in these areas will be encouraged. The trainee will also be expected to present at Specialty and Grand Rounds using an evidence-based approach.

Last Revised: January 2019