

On-Line Interpersonal Group for MDs

At times of crisis such as now, we find ourselves having more interpersonal conflicts with our bosses, colleagues, patients, family members and partners. Our contributions to these conflicts are generally based on our previous fault lines and are now magnified due to our shorter bandwidth.

Crisis is also an opportunity. As stressful and unpleasant some of those conflicts are, we now have a possibility of examining , learning and changing some of our interpersonal patterns so to have more adaptive and fulfilling relationships. We have a chance to become not just more resilient but learn to be -antifragile-stronger. On-Line Interpersonal Group for MDs creates a supportive cohesive reflective space where such changes can come about.

This will be a closed twenty session weekly On-Line HIPAA compliant (private and secure) Zoom group covered by OHIP. The participants will be MDs working in Ontario. The participants have the option of continuing with subsequent 20 session groups. The group attendance opens at the end of each 20 session when some members may be terminating, and new members be joining if space is available. The Max size of the group will be 12.

I would appreciate if you could pass this information to MDs in your community who may be looking for such an opportunity.

Wednesdays 3:00-4:45 pm
Start date June 3rd, 2020

Interested MDs can contact me for further information:
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Best, Regards

Kasra Khorasani MD. FRCPC (Psychiatrist, Psychoanalyst and Group Psychotherapist)

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