

THE OTTAWA HOSPITAL- Mental Health Program -Programme Santé Mentale

The Ottawa Hospital is one of Canada's largest learning and research hospitals, with more than 1,100 beds, approximately 12,000 staff members and an annual budget of about \$1.2 billion.

Our focus on learning and research helps us develop new and innovative ways to treat patients and improve care. As a multi-campus hospital affiliated with the University of Ottawa, we deliver specialized care to the Eastern Ontario region, but our techniques and research discoveries are adopted around the world. We engage the community at all levels to support our vision for better patient care.

From the compassion of our people to the relentless pursuit of new discoveries, The Ottawa Hospital never stops seeking solutions to the most complex health-care challenges.

Our Vision:

To provide each patient with the world-class care, exceptional service and compassion that we would want for our loved ones.

Opportunity Mental Health Program – Eating Disorders Program seeking a Psychiatrist with interest in Eating Disorders Full-time or Part-Time

The Ottawa Hospital (TOH) Mental Health program is a Schedule 1 Facility under the Mental Health Act, which operates the following general psychiatry acute care programs and services at two campuses (Civic and General):

- Psychiatric Emergency Services
- Inpatient Service
- Outpatient Clinics
- Acute Partial Hospitalization
- Consultation Programs & Medical/Surgical Consultation Liaison Service

The Ottawa Hospital also provides specialized programs and/or services:

- Mobile Crisis Team & Community Crisis Stabilization Beds
- Champlain District First Episode Psychosis Program (regional program)
- Perinatal Mental Health Services
- Regional Program for the Treatment of Eating Disorder
- Community Treatment Order Coordinator

The Regional Program for the Treatment of Eating Disorders (EDP) at the Ottawa Hospital has an opening for a staff psychiatrist interested in that field. The program is a collaborative care model with psychiatrists working as part of a multidisciplinary team serving 6 inpatient beds in the Symptom Interruption Program (SIP), 8 patients in the intensive Day Hospital Program (DHP), outpatient Transitional Care Program, outpatient Relapse Prevention Program, outpatient CBT-based group therapy, consults from hospitals and a variety of community settings including consulting services to community partners such as Canadian Mental Health Association (CMHA), training of hospital staff, learners (medical students, psychiatry residents, bariatric medicine fellows, psychology residents and dietetics students) and community partners. The Ottawa Hospital and Children's Hospital of Eastern Ontario are jointly offering an Eating Disorder Fellowship program.

We are planning on expanding the program services to include:

- 1). Development of CBT-based group therapy and treatment planning for patients suffering from Binge Eating Disorder (BED) (the most common ED), building collaboration with Bariatric Centre of Excellence at The Ottawa Hospital (TOH)
- 2). Development of Eating Disorders Transition Service for Youth, building further collaboration with the Children's Hospital of Eastern Ontario (CHEO)
- 3). Research projects

Job duties:

- Provide care to patients with eating disorders in some combination of inpatient, outpatient, and day hospital settings.
- Consult with other health care providers to devise a plan to manage other health issues or medications that may be impacting the patient's mental status.
- Develop and implement treatment plans, including prescription of medications.
- Monitor and evaluate treatment results.
- Evaluate patients by interviewing patient, family, and other persons; observing behaviors; reviewing medical history and related documents; selecting, administering, and interpreting psychological tests; and ordering laboratory tests and evaluating results.
- Maintain historical records by documenting symptoms, medications, and treatment events and writing summaries.
- Update job knowledge by participating in continuing medical educational opportunities, reading professional publications, maintaining personal networks, participating in professional organizations, and be actively involved in education quality improvement projects.

Terms of Employment:

- Wage range: estimated at \$250,000 – \$400,000, dependent on desired clinical setting distribution and load as well as academic productivity;
- Permanent, Full-Time; On-call, Evening and Weekend coverage of approximately twice per month, Emergency services can prolong scheduled shifts
- Start date: Immediately
- Benefits: Successful applicants will work in a hospital privileges model. Remuneration is fee for service with alternate funding plan for academic work.

Skills Requirements:

- **Language:** English
- **Education:**
 - Graduation from an approved medical school and specific specialty training in Psychiatry.
 - Completion of the certifying examinations of the College of Physicians and Surgeons of Ontario (“CPSO”) and licensing by the provincial or territorial licensing authority are required.
 - Eligible for licensure by the College of Physicians and Surgeons of Ontario.
 - Four to five years of specialty psychiatry residency training
 - Specialized training in eating disorders preferred but not required
 - Holds or eligible for FRCPC designation in psychiatry or equivalent.
 - Participate annually in specialist conferences
- **Experience:**
 - Expertise in and commitment to treatment of patients in a acute general psychiatry academic setting.
 - Demonstrated experience in assessing the patient's needs.
 - Demonstrated experience in participating as an active member of the health care team.

- Demonstrated experience in communicating effectively in an oral and written format with patients, public, colleagues and other health discipline.
- Meet criteria to apply for and receive appropriate medical staff privileges at The Ottawa Hospital.
- Meet criteria and receive an academic appointment at the University of Ottawa, Faculty of Medicine.
- Ability to communicate in a bilingual environment (French & English) is preferred/an asset but not a condition of employment.

Business address:

- The Ottawa Hospital – 501 Smyth Road, Ottawa, ON K1H 8L6

The work locations are:

- Civic Campus, The Ottawa Hospital, 1053 Carling Avenue K1Y 4E9
- General Campus, The Ottawa Hospital, 501 Smyth Road, Ottawa
- Faculty of Medicine, University of Ottawa, 451 Smyth Road, Ottawa

Applicant must have or be willing to obtain a valid license issued by the College of Physicians and Surgeons of Ontario; apply and receive appropriate medical staff privileges at The Ottawa Hospital; and apply and receive an appointment (Lecturer, Assistant Professor, Associate Professor, or Professor) at the University of Ottawa, Faculty of Medicine, Department of Psychiatry. Interested applicant is encouraged to submit letter of application and curriculum vitae to: Jess G Fiedorowicz, MD, PhD, Head and Chief Department of Mental Health, The Ottawa Hospital jfiedorowicz@toh.ca Phone (613) 737-2210, Fax (613) 739-6667. Email preferred.